



## Order Form

Please drop this form off at the Wild Carrot Café or fax it to 657-5440 BEFORE 10:45am. Due to our volume at lunch, we cannot process forms after that time. Use this printable form to fax your order for pick-up. We do not accept orders via Email. One form per customer. This is not a catering order form. For catering orders please call 632-1900.

Date \_\_\_\_\_

Name \_\_\_\_\_

Telephone \_\_\_\_\_

Pick up

Delivery

Delivery/Pick up Time \_\_\_\_\_

### Method of Payment

Credit Card

Visa  AmEx or  Mastercard

Number \_\_\_\_\_

Expiry \_\_\_\_\_

Invoice (\$50 minimum per order)

account # \_\_\_\_\_

Cash

Debit

## Sandwiches

(see Menu for sandwich descriptions)

Herbed Chicken Breast

Roast Beef

Ham

Shrimp Salad

Vegwich

Tuna Salad

Chicken Salad

Egg Salad

Cajun Chicken Wrap

Ranch Chicken Wrap

Chicken Club Wrap

Salad Wrap

### Bread Type

Multi-grain mini loaf

Tortilla

Salsa

Spinach

Whole wheat

### Add

Lettuce

Mayo

Honey mustard

Tomato

Cheese

Special Instructions:

\_\_\_\_\_  
\_\_\_\_\_

## Salads

(See Menu for salad descriptions, check dressing selection below)

Regular

Large

Seafood Pasta

Greek Salad

Create your Own  
(6 choices)

Cajun Chicken Caesar

Spinach

Whale of a Salad  
(18 choices)

Caesar Salad

Garden Salad

## Special instructions

The following are available for an additional cost (please indicate your choice):

All pasta

All spinach (when available)

Mixed greens

Chicken

Herb

Cajun

Crab

Shrimp

Other special instructions:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Ingredients

Tomatoes

Mushroom

Green Pepper

Egg

Green Onion

Mandarins

Black Olives (pits in)

Red Onion

Chick Peas

Bulgar

Real Bacon Bits

Croutons

Sunflower Seeds

Hot Peppers

Parmesan Cheese

Feta Cheese

Shrimp (included in Whale only)

Crab (included in Whale only)

## Dressing

Caesar

Lite Caesar

Sour Cream

Ranch

Curry

French

Balsamic

Oil and Vinegar

Fat-free Yogurt/Dill

Raspberry Vinaigrette

## Soups

Soup

Monday: Cream of Mushroom

Tuesday: Vegetarian Chili

Wednesday: Cheesy Vegetable

Thursday: Wild Carrot

Friday: Seafood Chowder

## Beverages

Soft drinks

Assorted juices

Iced Tea

Spring Water

Perrier Water

Milk

Chocolate Milk

## The Wild Carrot Café

47 Charlotte St., Saint John, NB

Tel: (506) 632-1900

Fax: (506) 657-5440